



PREP KIT CHECKLIST – FOR LEAGUES

As you get ready for the season, here’s a checklist to help you get all the extras you’ll need to prepare yourself, athletes and teams. Next to each item is how many we think you’ll need per season.



WHAT YOU’LL NEED THIS SEASON

Heavy-Duty Refillable Spray Bottles 8

- Fill with disinfecting and deodorizing spray
- Make sure the nozzles are adjustable and non-clogging

Household Disinfectant Spray Gallon Jug Refill 3

- Spray all equipment before and after use
- Get a vaporizing spray that is made to disinfect and kill bacteria and viruses on sports equipment like pads and footballs.

Container of Disinfectant Wipes 8

- Wipe down equipment and areas people commonly touch
- Supply each team with at least one container

Reusable Bottle with Pump 12

- Use to fill with hand sanitizer
- Make sure it has a pump that locks to prevent spilling or leaking on equipment

Hand Sanitizer Gallon Jug Refill 6

- Fill each team’s bottles so everyone can easily disinfect their hands when needed
- The CDC recommends buying one that contains at least 60% alcohol to properly disinfect and prevent the spread of germs.

Latex-Free Gloves 4 boxes = 400 gloves

- Coaches and staff can wear the gloves while handling equipment or if they don’t want to touch door handles, railings or other public surfaces.
- Get a variety sizes to properly fit everyone’s hands. Be sure they are tear proof and anti-slip.

Face Masks 200 = 1 for you and each coach

- You and your coaches can wear them during practice, games or team gatherings.
- If you go with disposable masks, you’ll need a lot of them, so buy in bulk. If you choose a reusable mask, make sure everyone knows to wash it daily.

Non-contact Forehead Thermometer 4

- Check your coaches’ and athletes’ temperature before games and practices
- Be sure they have easy-to-read numbers and are for kids and adults